

STACY'S BOOTCAMP

All classes are offered in each location, every session.
Each bootcamp session is three weeks long, with three classes per week.

classes

Central Park: Classes are held on M,W,F at 5:30am or 6:30pm,
M,T,Th at 7am, and T,Th at 7:30pm
Central park (Moms class): T,Th at 10am
Battery Park: M,W,F at 6:30am, and T,Th at 7:30pm
Prospect Park: T,Th, Sat at 6am
Washington Square Park: M,W at 7:30pm, Sat at 8:30am
Or Create Your Own Class ... contact Stacy for details.

Dec 1-18, 2009
Jan 4 - Jan 23, 2010
Feb 1 - Feb 20
March 1 - March 20
March 29 - April 17
April 26 - May 15
May 24 - June 12
June 21 - July 10
July 19 - Aug 7
Aug 16 - Sept 4
Sept 13 - Oct 2
Oct 11 - Oct 30
Nov 1 - Nov 20
Nov 29 - Dec 18

schedule
10

sessions